

Today's Take-Aways

Regional Updates

- New provincial direction once again will allow staff to move between long-term care settings and other workplaces so long as safety measures are in place and maintained. This is good news for long-term care and should help in addressing that sector's staffing challenges.
- With regards to the provincial direction that was received around not needing consent to move patients between hospitals and into long-term care, it should be noted that this only pertains to hospitals that are experiencing a capacity surge so this would not apply to PRH at this time.
- We continue to be part of discussions at a regional level with regards to patient transfers. Our hospital has steadily offered to accept transferred patients as required in order to assist the crisis situation in Ottawa and the Greater Toronto Area.
- Network 24's application to become an Ontario Health Team (OHT) has been approved by our Board of Directors and will be submitted to the province April 30th. Stay tuned for more updates as the process moves ahead.

Critical Care

- Over the last three to four days, the number of patients province-wide in critical care has plateaued around 870. With such a high number, many patients have had to be transferred as hospitals exceed capacity.

Acute Care

- With regards to the provincial ramp down of surgeries and surgical procedures, we continue to follow a regional approach. At PRH we are running a minimum of one OR per day and we are continuing with all cancer-related surgeries and procedures as well as urgent and emergent cases.

COVID-19 Vaccine Distribution

- As vaccination clinics continue, we have just received notice that our allocation of Pfizer may double in mid to late May which is good news for our community and will assist in ensuring the demand for expanded eligibility groups can be met.

Occupational Health and Safety/Infection Prevention and Control

- Please note that screening questions are being updated and should be in circulation in the coming days.

• Recently, a picture taken in the hospital of a goodwill gesture was posted on social media. Although the event was well-meaning and appreciated, the picture is a reminder for staff of the following:

1. Universal eye protection and masking is required in all clinical areas and in some non-clinical areas. Breaches of wearing PPE is a key factor in determining whether you are a high risk or low risk contact. The only times you don't need to wear it are when you are having a break, eating, and distanced two meters or in a room/office by yourself.

Today's Take-Aways Continued

2. Even though food can be brought into the workplace, make sure it follows proper protocols. Food needs to be from a commercial source and doled out following proper protocols, meaning it is individually wrapped or served by a dedicated server using proper hygiene/gloves and serving tools. Items such as pizza, veggie trays or a box of donuts should not be left on a table to be self-served.

3. People are always watching, whether it is the public or co-workers, so remember that your actions reflect not only yourself, but the hospital and your profession. If you were a patient and observed a breach of PPE or rule, it might make you question what other mis-steps could be taking place.



Other News:

Project Updates

- New medication carts will be implemented on Rehab on May 4th. Thank you to the Medication Process Working Group as well as Rehab staff for all their hard work.

- The work on the OR ceiling is coming along very well. So far we are ahead of schedule! Thanks to OR, Maintenance and Environmental Services staff for being so flexible and helpful.

- The implementation of new IV Pumps continues. At right, Julia Layman and Tina Davidson receive training on the electronic Drug Library. They are charged with tailoring the Drug Library to our hospital's programming and clinical requirements.

- The pandemic has challenged us to be creative every day! Below right, Maternal Child Care staff receive training via Zoom on their new Giraffe Infant warmer, one of the department's newest pieces of equipment.



All staff are welcome to join us for our upcoming Zoom Mindfulness sessions

May 7, 18

At 12 noon (20 minutes in length)
Facilitated by Kate Mooney

The sessions will be shared afterwards for those who couldn't attend virtually at noon.

Zoom coordinates will be circulated on The Loop and via PRH email.

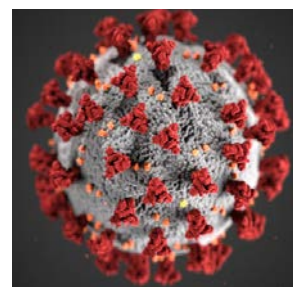


Current Facts and Figures

- **Renfrew County:** 51 active cases, 6 deaths, 88,391 tests completed (as of April 29th)

- **Ottawa:** 2,149 active cases, 503 deaths

- **Ontario:** 46,467 active cases, 8,029 deaths



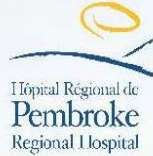
Give our Project a NAME

Deadline May 7



We are transforming our Hospital Information System (HIS) to a fully electronic system over the next 5 years. Some of the first initiatives:

- * Barcode Wristbands
- * Admission Assessments
- * Nursing/Allied Health Documentation
- * Physician documentation
- * Practitioner Order Entry
- * eMAR with Closed Loop Documentation



Win!!!



2 foldable camp chairs, portable camp table, cooler bag

HOW IT WORKS

Send your submission to samantha.moreau@prh.email or

Submit into the Cafeteria ballot box

- * Your Name and Contact info
- * Your Project Name Idea
- * Reason for the Project Name



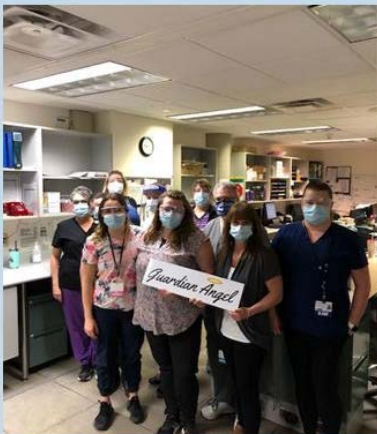
Thanks To Dr. Scott Murray For Sponsored Lunch

Team members at today's COVID-19 Vaccination Clinic held at the Pembroke Memorial Centre would like to express their gratitude and thanks to Dr. Scott Murray who sponsored lunch for them, catered by The Kitchen Eatery!

Dr. Murray said he wanted to do this as an expression of appreciation for the efficient, enthusiastic and caring team that he is working with at the clinic.

PLEASE ENJOY A WRAP (CLUB OR GRILLED VEGG), COOKIE AND DRINK, GENEROUSLY SPONSORED BY DR. SCOTT MURRAY IN APPRECIATION FOR THE WORK OF SUCH AN EFFICIENT, CARING, VACCINATION CLINIC TEAM!

Guardian Angels Diagnostic Imaging Dept.



Pembroke Regional Hospital Foundation  Fondation de l'Hôpital Régional de Pembroke

Employee Discounts



Looking for staff discounts?

All staff discounts, employee offers, promotional codes and other PRH perks can now be found on the Staff Resources section of the PRH website:

<https://www.pemreghos.org/staffdiscounts>

What discounts are there?

PRH Staff Association / Insurance Providers / Local Health and Fitness Facilities / CAA / Scrubs / Access Perks / Perkopolis / Park 'n Fly and more...



Frequently asked Questions

Q: What should I do if I'm having a problem with the e-learning system?

A: Email elarning@prh.email.



Do you have a question for the educators, but you are not sure who to direct it to?

Email: education@prh.email

Don't forget, for the latest PRH news related to COVID-19 (memos, newsletters etc.), visit the Staff Resources section on the PRH website:

www.pembrokeregionalhospital.ca

This section doesn't require a login and can be accessed from anywhere!



WHAT'S ON
the
MENU

WEEKLY MENU
(MAY 3-7, 2021)

MONDAY-BEEF STEW WITH MASHED POTATOES

TUESDAY- CHICKEN BROCHETTE WITH RICE AND GREEK SALAD

WEDNESDAY- SWEET & SOUR MEAT BALLS WITH SCALLOPED POTATOES AND DAILY VEGETABLE

THURSDAY- PEACH MUSTARD GLAZE HAM SERVED WITH A MIXED GREEN SALAD

FRIDAY- BREADED FISH WEDGES AND COLESLAW



CATCH the ACE

WEEK #10 WINNER!

Congratulations

Terry Picard

\$2,644



Winning ticket #J-3904723
Card #34 - 8 of Clubs

Thank you to our Drive Thru Sponsors April 2021



Mike's Hardware
Doors & So Much More
NOTHING SAYS YOU CARE LIKE LUMBER DOORS & HARDWARE



Lindsey Cupelli
The Mortgage Advisors
UCM1197



Thanks To Wilkies Fresh Baked Bread

Thanks to Andrew from Wilkies Fresh Baked Bread who stopped by the Pembroke Memorial Centre Vaccination Clinic today to deliver some loaves of freshly-baked bread for distribution to our Clinic Team members.



Do You Have A COVID-19 Question?

Email: covid19questions@prh.email

Would you like to celebrate or express gratitude to a group or individual?

Email: celebration&recognition@prh.email

For other questions/concerns, contact Infection Prevention and Control (ext. 7106) or Occupational Health and Safety (ext. 7202).

Foundation News



Our Mural Café and Drive Thru, as well as all other cash sale locations are closed during the *Stay at Home* order. You can visit www.prhcatchtheace.ca to purchase your tickets. Proceeds support our *Cancer Care Campaign* and we would like to thank everyone for purchasing their tickets.



Spring Lotto is here! Starting May 4th at 12pm you can purchase your tickets to win a 2021 Princecraft Pontoon boat with trailer and motor! Buy your tickets early to be entered to win the two Early Bird prizes, a family bike package and a youth four wheeler! Tickets are \$25 for one or five tickets for \$100 and can be purchased at www.prhspringlotto.ca

Volunteers Recognized For Long Service Milestones

Usually, as part of National Volunteer Week, we would celebrate our volunteers with a catered meal and present those who achieved long service milestones with certificates and service pins.

While, once again, we weren't able to gather for our annual meal, we are recognizing those of our volunteers who achieved long service milestones in 2020 and will be passing along their certificate and pins in the coming weeks. Congratulations to all!

WE LOVE
OUR VOLUNTEERS

PRH Auxiliary

5 Years: Donna Patterson, Irene Wagner

10 Years: Mary Banks, Pam Lavoie, Kate Long, Marion Logan, Brenda Long

15 Years: Harlene Buske, Liz Adam, Grace Daggart, Elwood Fitzpatrick, Helen Godin, Mary McCann

20 Years: Janet Mottiar

Patient and Family Advisory Council

5 Years: Barb Schoof, Nancy Walsh, Marion Logan, Richard Sheppard, Maureen Sampson, Kimberly Wolfgram Schmidt

PRH Volunteer Services Program And Pastoral Care Volunteers

5 Years: Sharon Jeffrey, Shirley Lapierre, Mitch Stillman, Anne Vandergeest, Anita Ventress, Ben Wassink

15 Years: Pat Kranz

PRH Foundation

5 Years: Dr. Sylvie Cantin, Donna Saal, Laura Carroll

Board of Directors

5 Years: Kim Drake, Dean Sauriol, Mitchell Stillman, Richard Wilson

GRATITUDE

• Congratulations to **Erin Van Allen** for her hard work and effort in organizing the Sim Lab and supplies, it looks amazing!
Dianne O'Connor

• Kudos to **Caroline Froment** for the excellent job she did coordinating nursing orientation, Zoom corporate orientation, GPA, NCVI, and safe client handling. Caroline was given this task and she did an outstanding job.
Dianne O'Connor

• A huge shout out to **Annette Davidson**. For the past year, Annette has been entering hospital census data into a regional portal seven days a week! You continue to go above and beyond and we truly appreciate all that you do! Thank you!
Sabine Mersmann and Beth Brownlee

• **Brandon and Mark from Maintenance** were celebrated by Mike Godbout for their amazing work on the Tower D project. They are doing all of the ceiling/plumbing work in the OR area and are here every evening to complete this work.

• We wanted to send a special shout out to **Dr. Forfar at the COVID vaccination clinic**. She has been extremely helpful in her role in the patient monitoring area of the clinic and has taken the time to help us create a physician package for all of the physicians to use that includes research about risk factors and medical questions related to the COVID vaccine.
Thanks from the Vaccination Clinic team!

• Thanks to **Corby Zadow from Food Services** for taking the time to go into the Inpatient Rehab gym to speak to the patients and be sure that everyone was able to complete their meal requests! We appreciate that you are always so positive and willing to help the patients.
Lisa Bradley

• Thanks to **Nancy Spilchen, physiotherapist**, who assisted some patients with setting up to eat their lunch - thanks for being a team player!
Lisa Bradley

• **Kathy Bromley (Finance)** was celebrated by Lisa Bradley and Dean Quade for taking the time to review the GEM and GDH budgets, explaining everything very clearly. "We always learn so much and benefit greatly from the budget sessions with you. I know you have a lot on your plate right now and we appreciate you making some time for us."

• Celebrating **Annette Davidson** for being a big help to Kirsten Johnson with the on-call situation over the past weekend and on Monday.
Lisa Bradley and Kirsten Johnson

• **Donna Jones (Environmental Services) and the OR cleaners** were celebrated this week. "I heard from Fred, Dave and Cheryl how well things have been going and how efficient and amazing our OR cleaners have been with assisting and coordinating with the Maintenance team for the work that is currently going on in the OR. Thanks for always being able to respond to these last minute changes and for being flexible and working so well to support our hospital."
Lisa Bradley



Some Recent "Shots" From the COVID-19 Vaccination Clinic





PRH Staff Association Treat Day

Featuring Individually Packaged Flower Kits

Each kit includes one peat moss planting pot and one peat moss seed starter pack for a Daisy or Black-Eyed Susan (while supplies last) - flower distribution will be random.

Distribution Times/Locations:

Friday, May 7th,

11:30 a.m. - 1 p.m.

(The Lunch Box, Tower A, 2nd Floor)

3 p.m. to 4 p.m.

(B446, Tower B, 4th Floor Link)



COVID-19 MEASURES / Treat Day Etiquette

1. Pre-orders are strongly advised, especially for groups. Individuals can pre-order too.
2. Pre-order lists must be emailed to carolyn.levesque@prh.email by Monday, May 3rd.
3. Pre-orders can be picked up by group representatives during the distribution times on May 7th.
4. If you don't pre-order, you CAN still pick up your item on distribution day **WHILE SUPPLIES LAST.**
5. Please note that groups who pre-order are responsible for ensuring staff on their lists get their items.
6. To ensure we have enough items for those who want them, please refrain from taking one if you don't want one. *Thank you*



Spring Is Here!

**We're Celebrating With A BBQ
FOR PRH STAFF, PHYSICIANS &
VOLUNTEERS!**

IN APPRECIATION FOR ALL THAT YOU DO, PEMBROKE REGIONAL HOSPITAL

SAYS "THANK YOU" WITH A FREE MEAL FOR EACH OF YOU!



WEDNESDAY, MAY 19, 11am-1:30pm



MENU: Choice of Hamburger/Chicken Breast, Macaroni salad, water/pop to drink and a fancy cookie for dessert.

PLEASE NOTE: A limited number of Gluten Free Salad and Dessert options will be available.

Grab & Go topping packages will accompany entrees.

Timed pre-orders are recommended for groups of 15 or more.

Please email all pre-orders to pr@prh.email specifying number of burgers vs chicken by May 14th.

To avoid long lines or gathering as much as possible, please send group representatives to pick up meals during the lunch hour and bring a cart or other container to carry all the items.

Enjoy! All compliments of Pembroke Regional Hospital.

**THE LUNCH BOX WILL BE OPEN FOR DINNER FOR EVENING STAFF FROM 4-6 P.M.
PACKAGED BURGER MEALS WILL BE DELIVERED TO UNITS FOR NIGHT STAFF.
STAFF WHO WORK OFFSITE ARE INVITED TO DROP BY FOR LUNCH - TAKEOUT
AVAILABLE, OR MANAGERS CAN ARRANGE A SIMILAR MEAL FOR OFFSITE STAFF.**